



Leadership for Women



About the journey

The programme is designed to help business women, career women and women in leadership to extend their leadership ability while maintaining a balanced lifestyle! This special programme was written to enable women achieve their full potential. The programme explores qualities of women that show great leadership in this world and how you can become one of them or even more. Amongst them are Oprah Winfrey, Princess Diana, and Indira Gandhi.



Practical

You will receive course notes, action plans, and guidance on implementing your newfound knowledge in your business.



Audio via App

Gain entry to the LMI audio recording for the Leadership for Women coaching program.



Coaching

Receive group coaching sessions during the course of the program.



Visit Our Website
www.anjavanbeek.com





About the course

If you are a woman in a leadership role, you are guided by this programme to ensure that you are using your maximum potential.

What to Expect from the Course

This 10-module course will cover various aspects of women in leadership, including:

- Personal Leadership is where it begins
- The challenge of conditioning
- Building a positive self-image
- Understanding motivation
- The power of goal setting
- Affirmation and visualisation
- The challenge of leadership
- Time Management
- Communication and persuasion
- Personal fulfilment and leadership success

Integral plan of action

Our process embraces an individual's personal Plan of Action based on the Total Person concept. We understand that you and each person in your company or organization is a complex, unique individual with numerous roles to fill in life. More than a philosophy, the Total Person concept is an action-oriented way of life that centers on goal setting and action plans that focus on six vital areas.

Family and Home

Financial and Career

Mental and Educational

Physical and Health

Social and Cultural

Spiritual and Ethical

Enrol Today To Start Your Leadership Journey



Meet Anja van Beek, an award-winning coach, speaker, and author with over 25 years of experience. She excels in enhancing individual and organizational performance, specializing in agile talent strategy, leadership, culture and team effectiveness, and executive coaching as a proud partner of LMI South Africa.

